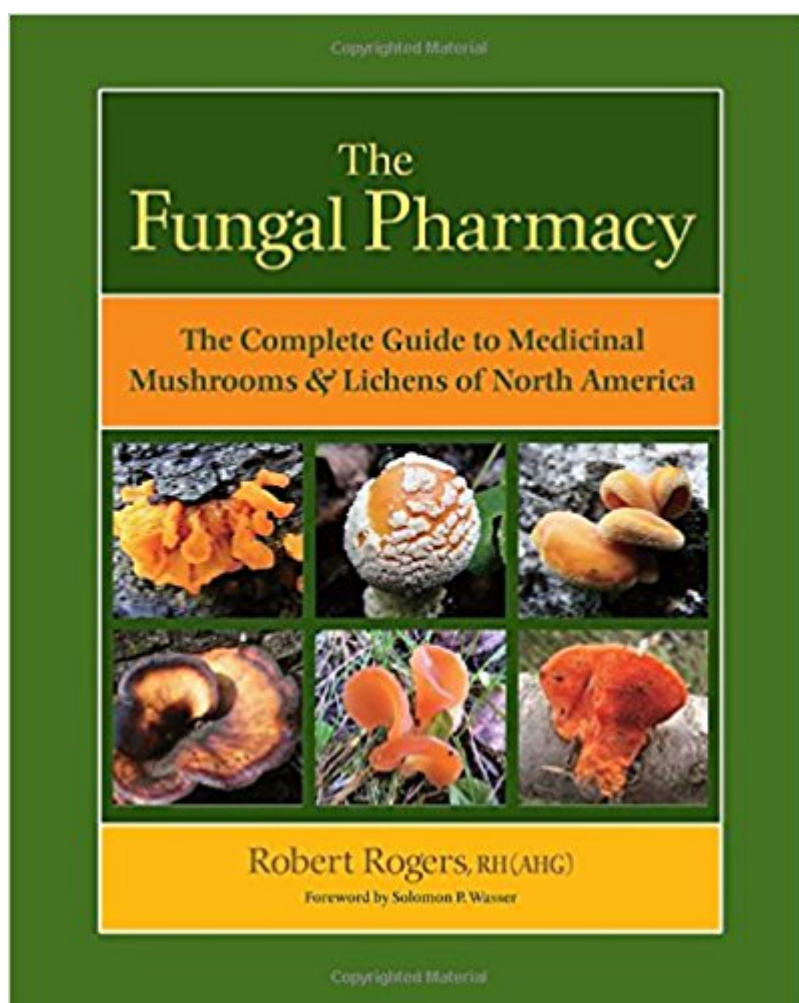


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The Fungal Pharmacy: The Complete Guide To Medicinal Mushrooms And Lichens Of North America



Synopsis

In *The Fungal Pharmacy*, noted herbalist Robert Rogers introduces readers to more than 300 species of medicinal mushrooms and lichens found in North America. These fungi, Rogers explains, have the capacity to heal both the body and, through the process of myco-remediation, the planet itself. Throughout the book, he documents their success in optimizing the immune system and treating a wide range of acute and chronic diseases, including cardiovascular, respiratory, and liver problems, blood sugar disorders, cancer, and obesity. Entries discuss the mushroom or lichen's medicinal traits and properties, including active chemical components, preparation methods (including extracts, essences, and essential oils), and historical as well as modern-day usage. Two hundred full-color photos and thorough descriptions make identification easy for the reader. Rogers also delves into the cultural, religious, and literary significance of each mushroom, featuring fascinating tidbits about each one's etymology and history.

Book Information

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Customer Reviews

"The Fungal Pharmacy is a great book for anyone interested in the medicinal properties of mushrooms. In this rapidly developing field, I am delighted to recommend this book to both amateurs and professionals. Robert Rogers has made a significant contribution | highly recommended!
• Paul Stamets, author of *Mycelium Running*" Robert Rogers is amazingly knowledgeable of the mushrooms and other wild fungi of the Pacific Northwest, and eager to share his knowledge. Doctor, heal thyself • learn your mushrooms and get out into

the woods!"

•Britt Bunyard, publisher and editor-in-chief of *Fungi* magazine

“Robert’s knowledge of plants and fungi can make one’s head spin with medicinal, traditional, and culinary uses.

•Martin Osis, president of the Alberta Mycological Society

“The *Fungal Pharmacy* is the first book in the field to attempt to understand the energetics and personality of the medicinal mushrooms rather than relying solely on their pharmacological profiles.

By ‘energetics’ I mean the basic pathological patterns of the mushroom, such as hot or cold, damp or dry.

By ‘personality’ I mean the indications peculiar to a mushroom that come from an intimate working knowledge of a medicine. This method represents the high road for the intuitive practitioner.

•Matthew Wood, author of *The Earthwise Herbal* “An extensively researched and comprehensive synthesis of traditional knowledge and contemporary scientific data. An invaluable resource to anyone with an interest in traditional medicine or simply a fascination with lichens.”

•Heath O’Brien, PhD

“Packed with information, *The Fungal Pharmacy* is a ‘must-read’ for all who are interested in medicinal mushrooms. Highly readable, the book is useful for students, biologists, naturalists, and the general public. A most welcome addition to the field of ethnomycology.

•Roland Treu, associate professor, Athabasca University

“The *Fungal Pharmacy* is a ‘must’ reference for mycologists, mushroom hunters, and practitioners of natural health care.

| Full color photos pack a survey of clinical studies, homeopathic uses, global folklore and cultural references, and more. [*The Fungal Pharmacy*] is the first book in the field that investigates the pathological patterns of medicinal mushrooms rather than their pharmacological profiles.

| There’s nothing as extensive currently in print.”

•Midwest Book Review

Robert Dale Rogers has been an herbalist for over forty years. He has a Bachelor of Science from the University of Alberta, where he is an assistant clinical professor in family medicine. He taught plant medicine, including herbology and flower essences, at MacEwan University for ten years, and presently in the Earth Spirit Medicine Program at the Northern Star College in Edmonton. Robert is past chair of the Alberta Natural Health Agricultural Network and Community Health Council of Capital Health. He is a Fellow of the International College of Nutrition, past chair of the medicinal mushroom committee of the North American Mycological Association, and on the editorial boards of the *International Journal of Medicinal Mushrooms* and *Discovery Phytomedicine*. Robert cohosts The Alberta Herb Gathering (www.herbatheringalberta.com), held every other year. He lives on Millcreek Ravine in Edmonton with his beautiful and talented wife, Laurie Szott-Rogers, and an out-of-control cat, Ceres. You can email him at scents@telusplanet.net or visit

www.selfhealdistributing.com.

top notch book one of the best available on this subject

very in depth. I will use it often.

Way over my head. That being said, it is a great reference book, organized well and full of useful information. I read it cover to cover and plan on reading it again side by side with David Arora's text.

A definite must have for the mushroom forager. I'm very pleased with this book.

Excellent book. If you have interest in North American mushrooms besides traditional gourmet application you should to have it..

Had the opportunity to take a class with the author and I am thrilled to have this book. It gives a very thorough background on many mushrooms and is now a part of my ever growing mushroom library.

good for study and reference

This an excellant souece for using Mushrooms for healing & nutrician. I'd recommend it for anyone's emergency preparedness Library of books.

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